

One day, one goal:
minimize disease related
malnutrition in U.S. hospitals

Contact Information

November 5, 2009

Welcome to nutritionDay in the U.S.:
an annual benchmarking of patients'
nutritional status for all hospitals.



nutritionDay
IN THE U.S.



nutritionDay
IN EUROPE



Join us in promoting optimal nutritional
care in the United States healthcare
facilities by increasing knowledge,
awareness, nutrition monitoring and
benchmarking.

For more information, or to sign up,
please contact:

U.S. Coordinator
nutritionDay in the U.S.

847-254-2034
nutritiondayus@gmail.com



nutritionDay
IN THE U.S.



nutritionDay
IN THE U.S.

A joint initiative of the nutritionDay-

Global Team supported by the

American Society for Parenteral and

Enteral Nutrition (ASPEN)

Background

While the health care industry focuses mainly on the increasing incidence of obesity, the prevalence of hospital malnutrition is equally alarming. Studies have documented the breadth and severity of undernourishment in hospitals for nearly 30 years. They reveal that up to 55% of hospital patients are undernourished or at risk. Many have found that it is a variable associated with poor healing, higher complication rates, as well as higher rates of morbidity and mortality and ultimately higher costs to healthcare

nutritionDay in the U.S., supported by the American Society for Parenteral & Enteral Nutrition (ASPEN) and part of a global initiative, addresses improved patient safety and quality of care by raising awareness and increasing knowledge about disease related malnutrition. Join us in 2009!

Methodology

It's one day

Data collection takes place on one scheduled day by all participating hospitals in the United States.

It's easy to join

No special knowledge is needed for the implementation of the project. All necessary documents are provided by the coordinating center and are available on the website, *nutritionday.org*

Data gathering is quick & easy

The questionnaires are so simple that they explain themselves. This means that data collection is simple yet comprehensive in nature.

All results are anonymous

Name and details of each participating facility and unit are encoded. This guarantees an anonymous handling and analysis of all participating units.

Detailed reference data

Each facility or ward receives a comparison of its own results to reference data of all units of the same specialty type. Annual participation allows benchmarking.

Data Collection

Data collection is arranged as follows:

1. General information on unit: organization and structure (1 sheet per unit)
2. Unit – all patients
Questionnaire about all patients included into the audit (1 line per patient)
3. Patients' questionnaires:
 - a) one sheet about weight monitoring, mobility and social contact
 - b) one sheet about nutritional behavior on nutritionDay (1 line per patient)
4. Outcome: The patients' situation is re-assessed at a predetermined period after nutritionDay (discharged, transferred, etc.)

Collected data can either be transferred online or data sheets can be sent via mail to the coordinating center.